

## Research Article

# Antioxidant and nutraceutical profiling, and GC-MS characterization of *Ficus abutilifolia* leaf extracts and essential oil

Attama Chika<sup>1\*</sup>, Luka Lawrence<sup>2</sup>, John Nahadi Janet<sup>3</sup>

<sup>1,3</sup>Dept. of Pure and Applied Chemistry, Adamawa State University, Mubi, Adamawa State, Nigeria

<sup>2</sup>Dept. of Chemistry, School of Sciences, Adamawa State College of Education, Hong, Nigeria

\*Corresponding Author: ✉

Received: 29/Apr/2025; Accepted: 25/May/2025; Published: 30/Jun/2025. | DOI: <https://doi.org/10.26438/ijsrcs.v12i3.199>



Copyright © 2025 by author(s). This is an Open Access article distributed under the terms of the [Creative Commons Attribution 4.0 International License](https://creativecommons.org/licenses/by/4.0/) which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited & its authors credited.

**Abstract**— Medicinal plants contain bioactive compounds useful in managing various health conditions. This study evaluated the phytochemical constituents and antioxidant activities of the ethanolic crude extract and essential oil of *Ficus abutilifolia* leaves. Leaves were collected from Askira Uba, Borno State, Nigeria, and extracted using ethanol. Phytochemical screening revealed the presence of alkaloids, saponins, tannins, anthraquinones, steroids, glycosides, flavonoids, reducing sugars, amino acids, and terpenoids, while phytosterols were absent. Antioxidant activity was assessed using DPPH and hydrogen peroxide assays at concentrations of 2.5, 5, 7.5, and 10 µg/mL, with ascorbic acid as the standard. The crude extract showed concentration-dependent scavenging, reaching 58.2 % (DPPH) and 72.7 % (H<sub>2</sub>O<sub>2</sub>) at 10 µg/mL. The essential oil also demonstrated dose-dependent activity, with 50.3 % (DPPH) and 72.9 % (H<sub>2</sub>O<sub>2</sub>) inhibition at the same concentration. The oil obtained by steam distillation (percentage yield, 0.7 %), was analyzed via GC-MS, identifying 21 compounds, including octadecane (12.42 %), tetratetracontane (10.56 %), tetracosane (10.26 %), 1-iodo-2-methylundecane (8.78 %), heptacosane (8.09 %), heptadecane, 2-methyl (7.5 %), and caryophyllene (7.03 %). These findings indicate that *F. abutilifolia* possesses strong antioxidant potential, likely due to its diverse phytochemical profile.

**Keywords**— Phytochemical, DPPH, hydrogen peroxide, antioxidant activities, ethanol extract, percentage inhibition

## Graphical Abstract

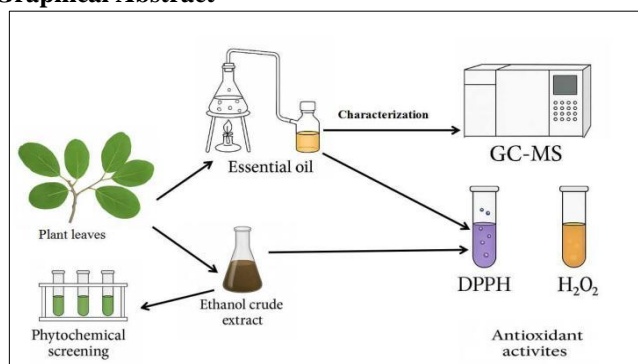


Fig.1 Graphical abstract

## 1. Introduction

The growing interest in natural antioxidants, especially those derived from plants, has significantly increased in recent times. As a result, various plant parts such as fruits, vegetables, seeds, bark, and leaves have become focal points in the exploration of these biologically active constituents [1]. Antioxidants are

fundamentally essential for shielding cells from the harmful effects of oxidative stress. They are generally important for preserving cellular integrity and supporting overall health and physiological balance [2]. Plants serve as a major source of essential raw materials for the food, pharmaceutical, and cosmetic sectors, leading to the development of numerous products including supplements, nutraceuticals, and botanical-based cosmetics, many of which trace their use back to traditional and folk medicinal practices. Historically, medicinal herbs and teas have played a vital role in human health by offering natural treatments with healing and therapeutic potentials. These plants are rich in phytochemicals—secondary metabolites responsible for the health-promoting effects associated with herbs [3, 4]. Antioxidants derived from plants, owing to their natural abundance in active compounds, contribute both to the plant's adaptation under environmental stress and to their medicinal value in human health [5].

The genus *Ficus*, belonging to the Moraceae family, encompasses around 850 to 900 species, though some accounts suggest the number may exceed 1,000 species, making it the

largest genus within the family [6]. *Ficus abutilifolia* (Fig. 2) is a small to moderately sized tree, rarely surpassing 5 meters in height, and is often found near stream banks and broadly distributed across the African continent [7, 8]. Locally referred to as “dundechi hooseere” in the Fulfulde language spoken in Northern Cameroon, and known in English as the “large-leaved rock fig” or “rock wild fig,” this plant is traditionally employed in the management of several health conditions, including typhoid fever, persistent dysentery, sexually transmitted infections, malaria, infertility, and epilepsy [9].

### 1.1 Objective of the Study

While various research studies have explored different species of the genus *Ficus*, scientific findings on the pharmacological activities of *F. abutilifolia*, a dominant plant found in Askira Uba, Borno State, Nigeria, remain limited. The objective of this research is to compare the therapeutic properties of this plant with established therapeutic data of other species of the genus *Ficus* from the literature.



Figure 1. Images of *Ficus abutilifolia*

## 2. Related Work

From a chemical standpoint, *Ficus abutilifolia* is known to contain several classes of glycosides, including saponins, flavonoids, anthraquinones, alkaloids, and tannins [10]. Ajayi et al. [11] identified tannins, phlobatannins, flavonoids, cardiac glycosides, saponins, alkaloids, and steroids in the leaf extract of *Ficus exasperata*, another member of the Moraceae family. In a related study, Achi et al. [12] found that the aqueous leaf extract of *Ficus capensis* was rich in flavonoids, terpenoids, tannins, and alkaloids, while glycosides, saponins, and steroids occurred in lower concentrations. Muanda et al. [13] also detected phenolic constituents in *F. capensis*, which are believed to be responsible for its antibacterial activity. Thagriki et al. [14] observed the presence of alkaloids, tannins, saponins, flavonoids, glycosides, proteins, and phenolic compounds in the leaf extract of *Ficus sycomorus*. Similarly, Balogun et al. [15] reported reducing sugars, alkaloids, saponins, pyrocatecholic tannins, and free amino acids/amines in the aqueous ethanol extract of the stem bark of *Ficus trichopoda*.

The free radical scavenging and antibacterial activities demonstrated by extracts of *Ficus sur* and *F. sycomorus* may provide scientific validation for their traditional application in the management of sickle cell disease [16]. In Nigeria, *F. abutilifolia* has long been utilized in ethnomedicine for treating conditions such as typhoid fever, dysentery, foodborne illnesses, and sexually transmitted infections [10]. In addition, its leaves are believed to enhance

fertility, its latex is traditionally applied for wart removal, and its bark is valued as a restorative tonic. Moreover, the ethanol extract of the plant's root bark has shown anticonvulsant properties in models involving maximal electroshock [8].

As part of the broader research into volatile constituents emitted by *Ficus* species and other Nigerian plants [17], the present study focuses on profiling the volatile compounds present in *Ficus abutilifolia*, one of the numerous fig species belonging to the Moraceae family. While no existing literature was found on the essential oil composition of *F. abutilifolia*, studies have documented the chemical profiles of essential oils from other *Ficus* species found in Nigeria.

For instance, Adeyemi et al. [18] reported that the dominant volatile constituents of *Ficus lutea* were acorenone B (20.7%) and phytol (16.2%), along with demethoxyageratochromene (6.0%), 6,10,14-trimethyl-2-pentadecanone (5.1%), and zingiberene (5.2%).

## 3. Experimental Method

### 3.1. Sample Collection

*F. abutilifolia*, a member of the Moraceae family (L.), was sourced from the bush area of Askira Uba, Borno State, Nigeria.

### 3.2. Preparation of Sample

The leaves of *F. abutilifolia* (L.) plants were meticulously washed and air-dried in Chemistry Laboratory 2, Science Complex of the Faculty of Science, Adamawa State University, Mubi, under shade at room temperature. The dried leaves were subsequently weighed, ground to a coarse powder using a sterile mortar and pestle, and stored in an airtight container for successive analyses [19]. For the essential oil extraction, Random leaf samples were collected and labeled accordingly, then stored in an ice cooler until transported to the laboratory for extraction and further analysis [20].

### 3.3. Plant Solvent Extraction

A 100 g sample of *Ficus abutilifolia* leaves powder was weighed and subjected to ethanol extraction in an airtight container for 24 hours. The resultant mixture underwent filtration using Whatman No. 1 filter paper under gravity. The filtrate was then dried at 60 °C on a water bath, yielding *Ficus abutilifolia* leaves ethanolic extract residue [21].

### 3.4. Steam Distillation Essential Oil Extraction

1 kg leaves of *F. abutilifolia* samples collected was used for extraction per time to prevent loss of essential oils due to the drying process. The extraction was carried out using a modified steam distillation apparatus, where the receiver end passed through another vessel containing ice. The essential oils of the plant was collected over water and later kept at 4 °C until further required. The isolation process took approximately 2½ hours [22]. This process was repeated for each plant batch until a total mass of 2.6835 kg was used for extraction. The steam distillation apparatus is Clevenger-like as described in the British Pharmacopoeia [23].

### 3.5. Phytochemical Screening

Phytochemical screening was conducted using standardized procedures to detect the presence of various natural product

groups in the ethanolic extracts of *Ficus abutilifolia*, according to the following methods: Essential oil [24], Alkaloids [25]; Phenolic Compounds and Tannins [25]; Saponins [26]; Flavonoids [27]; Glycosides [26]; Phytosterols [26], Proteins and Amino Acids [26]; Reducing Sugars [27]; Terpenoids [27], and Anthraquinones [27].

### 3.6. DPPH Antioxidant Activities of Extract and Essential oil

DPPH has been widely used for measurement of free radical scavenging ability of antioxidants. This method is based on the reduction of an alcoholic DPPH solution in the presence of a hydrogen-donating antioxidant [28]. The DPPH assay was performed using a standard method with minor modification. The hydrogen atom or electron donating abilities of the compounds were measured from the bleaching of the purple colored methanol solution of DPPH. This spectrophotometric assay uses the stable free radical, DPPH as a reagent. One thousand microlitres of diverse concentrations (2.5 µL/mL) of the crude extract and essential oil in ethanol were added to 4 mL of 0.004 % methanol solution of DPPH. After a 30 min incubation period at room temperature, the absorbance was read against a blank at 517 nm and compared to the standard antioxidants, Ascorbic acid (vitamin C). The DPPH radical scavenging effect was calculated as inhibition of percentage (I %) using the following formula [29].

$$\% \text{ Inhibition} = \frac{\text{absorbance of blank} - \text{absorbance of sample}}{\text{absorbance of blank}} \times 100$$

Where, A is blank is the absorbance of the control reaction (containing all reagents except the test compound) and A (sample) is the absorbance of the test compound. The values of inhibition were calculated for various concentrations of the extract. Tests were conducted out in triplicate.

### 3.7. Hydrogen Peroxide Antioxidant Activities of Extract and Essential oil

The ability of the extract to scavenge hydrogen peroxide was determined according to the method with modification. A solution of hydrogen peroxide (40 mM) was prepared in phosphate buffer (pH = 7.4). Extracts and essential oil (2.5-25 µg/mL) in methanol were added to a H<sub>2</sub>O<sub>2</sub> solution (0.6 mL, 40 mM). The absorbance value of the reaction mixture was recorded at 230 nm. Blank solution contained the phosphate buffer without H<sub>2</sub>O<sub>2</sub> [30]. The percentage of H<sub>2</sub>O<sub>2</sub> scavenging was calculated as:

$$\% \text{ Inhibition} = \frac{\text{Control absorbance} - \text{Sample absorbance}}{\text{Control absorbance}} \times 100$$

Where A (control) is the absorbance of the control, and A (sample) is the absorbance in the presence of the sample or standards.

### 3.8. Statistical Analysis

All determinations were replicated three times and results were reported in mean.

## 4. Results and Discussion

### 4.1. Phytochemical Screening of Ethanol Extract of *F. abutilifolia* Leaves

The preliminary phytochemical analysis of *Ficus abutilifolia* leaves revealed the occurrence of multiple bioactive secondary metabolites, confirmed through characteristic chemical color reactions, as presented in Table 1.

Djankou et al. [9] identified flavonoids, phenols, carbohydrates, sterols and terpenes/steroids, tannins, and anthraquinones in the methanol stem bark extract of *F. abutilifolia*, while saponins were notably absent. In contrast, Eshwarappa et al. [31] reported only flavonoids and carbohydrates in the methanol extract of *Ficus glomerata*, a finding that differs from the present study. However, the current findings show greater consistency with those reported by Taiwo et al. [7].

According to Prakash et al. [32], the methanol extract of *Ficus religiosa* contained carbohydrates, saponins, phenols, flavonoids, proteins, tannins, and terpenoids, but lacked alkaloids.

In another study examining a different *Ficus* species, the methanol extracts of both stem bark and root showed the presence of alkaloids, flavonoids, tannins, triterpenes, cardiac glycosides, steroids, saponins, phenols, and carbohydrates. Anthraquinones were detected in the root extract but absent in the stem bark [33].

In the current investigation, preliminary phytochemical screening by means of tube reactions and thin-layer chromatography (TLC) conducted on leaf extracts of *Ficus sur Forsk.* and *F. sycomorus L.* demonstrated the presence of alkaloids, flavonoids, carbohydrates, saponins, steroids, tannins, phenols, triterpenoids, anthracenosides, anthocyanins, and coumarins [16].

Similarly, Ajayi et al. [34] reported detecting alkaloids, flavonoids, saponins, steroids, tannins, phenols, terpenoids, and glycosides in the n-hexane extract of *Ficus polita* leaves. In addition, the ethanolic and ethyl acetate leaf extracts of *F. sycomorus* were shown to contain higher concentrations of total phenols, flavonoids, tannins, alkaloids, and anthocyanins than extracts obtained from the plant's fruit [35].

**Table 1. Qualitative phytochemical screening of ethanolic extract of *Ficus abutilifolia* leaves**

| Phytonutrients     | <i>Ficus abutilifolia</i> |
|--------------------|---------------------------|
| Essential oil      | +                         |
| Alkaloid           | +                         |
| Phenol/Tannin      | +                         |
| Saponin            | +                         |
| Flavonoids         | +                         |
| Glycosides         | +                         |
| Phytosterol        | -                         |
| Reducing sugar     | +                         |
| Protein/amino acid | +                         |
| Terpenoids         | +                         |
| Anthraquinones     | +                         |

Key: + = Present; - = Absent

#### 4.2. DPPH and Hydrogen Peroxide of crude extract and essential oil

From the results displayed in Figures 3 and 4 and Table 2, it is evident that the ethanolic extract and essential oil of leaves from *F. abutilifolia* (FA) exhibit potent antioxidant ability against DPPH and hydrogen peroxide, in comparison with ascorbic acid (AA) as the standard reference.

Djankou et al reported the IC<sub>50</sub> antioxidant activity of the methanol extract of *F. abutilifolia* stem bark to be 0.060 mg/mL [9]. The crucial role of phenolic compounds as scavengers of free radicals is emphasized in several reports. Asha et al [36] reported a fair correlation between antioxidant activity, free radical scavenging activity, and phenolic contents. The extract of *F. religiosa* fruit and bark demonstrated antioxidant activity, assessed using the oil stability index and radical scavenging capacity against DPPH [37]. Alcoholic fruit extracts of *Ficus capensis* Thunb. showed an antioxidant potency of 13.05 % using the DPPH assay [38]. Similarly, Rathee et al reported that the methanolic extract of *F. religiosa* fruits reduces the DPPH radical to the corresponding hydrazine when it reacts with the hydrogen donors in the antioxidant principles [39].

In a related study, Etratkhah et al reported that the aerial root of *Ficus benghalensis* exhibits an IC<sub>50</sub> of 54.40 µg/mL against DPPH, using vitamin C as a standard [40]. Gupta and Sharma's research results revealed a significant decrease in the concentration of DPPH radicals due to the scavenging ability of both aqueous extracts and standards. A 250 µg/mL concentration of *F. benghalensis* Linn aqueous extract and ascorbic acid (std.) exhibited 96.07 % and 90.41 % inhibition, respectively [41].

In a related research, Ojo and Akintayo revealed that the aqueous extract of *Ficus asperifolia* scavenged 78.65 % of DPPH radicals at a concentration of 5 mg/mL, against 47.03 % and 29.25 % of nitric oxide (NO) and hydroxyl (OH) radical activities, respectively [42]. This indicates that *Ficus* of the *Moraceae* family is a good source of antioxidants.

In another study, Anago et al reported the antioxidant potency of the ethanolic extract of *Ficus exasperata* Roxb. against DPPH as 23 % at 10 µg/mL [43]. Similarly, Ahoua et al [44] investigated the DPPH radical scavenging power of extracts of a group of *Ficus* species, with the following results: methanol extract of *Ficus elasticoides* leaves (96.69 %), methanol extract of *Ficus lyrata* leaves (94.53 %), methanol extract of *Ficus mucuso* leaves (94.33 %), methanol extract of *Ficus thonningii* leaves (89.86 %), methanol extract of *Ficus umbellata* fruits (74.74 %), methanol extract of *F. elasticoides* leaves (73.03 %), methanol extract of *F. umbellata* leaves (71.44 %), dichloromethane extract of *F. umbellata* leaves (28.18 %), and dichloromethane extract of *F. lyrata* leaves (26.09 %).

According to Tharini et al [45], the maximum DPPH radical scavenging activity was 75.74 % at 60 µg/mL concentration. The fruit extract of *F. benghalensis* demonstrated a high capacity to deactivate free radicals by reducing the stable 1,1-diphenyl-2-picrylhydrazyl (DPPH) radical to the yellow-

colored 1,1-diphenyl-2-picrylhydrazine, and the reducing capacity increased with the concentration of the extract.

In related research involving the methanol extract of *Ficus elastica*, Preeti et al reported significant dose-dependent antioxidant activity with an IC<sub>50</sub> value of 20.17 µg/mL [46]. Madeleine et al [47] reported an IC<sub>50</sub> antioxidant activity of 0.06 mg/mL for the methanol extract of *F. abutilifolia* against the DPPH assay. Similarly, Boukhalfa et al [48] reported a DPPH assay inhibition of 346.2 µg/mL by *Ficus carica* leaf extract.

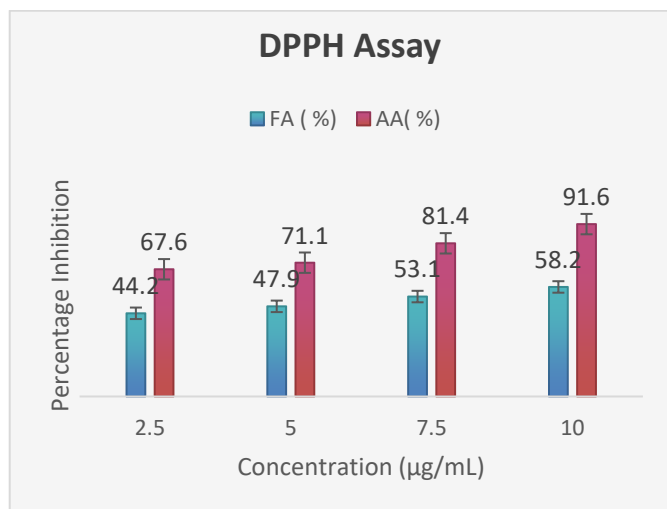
In a similar research, Abotsi et al [49] confirmed an IC<sub>50</sub> of 0.499 mg/mL and antioxidant activity against the DPPH assay. Arun et al [50] revealed that *F. carica* extract showed 86.43 % and 77.86 % for the seed and seedless plant samples, respectively, against DPPH at the highest concentration of 80 µg/mL. Likewise, Flayyih et al reported 6.4 µg/mL EC<sub>50</sub> antioxidant activity against DPPH for *F. elastica* extract [51]. Gupta and Sharma [52] reported that the extract of *F. racemosa* exhibited a hydrogen peroxide scavenging activity of 65.42 % at 1000 µg/mL. Similarly, *Ficus exasperata* demonstrated its highest scavenging activity at concentrations of 1000 µg/mL (25 %) and 750 µg/mL (19 %). Notably, *Artocarpus altilis* (breadfruit), a member of the *Moraceae* family, showed concentration-dependent activity: 31.6 % at 1000 µg/mL, 31.4 % at 750 µg/mL, 30.8 % at 500 µg/mL, 28.6 % at 300 µg/mL, and 9.6 % at 100 µg/mL, using the hydrogen peroxide assay [53]. These findings align with the concentration-dependent antioxidant activity observed in the present study.

Yadav et al [54] observed that the hydrogen peroxide scavenging activity of the ethanolic leaf extract of *F. racemosa* (51.28 %) was comparable to that of the standard, ascorbic acid (49.2 %). Similarly, the chloroform fruit extract of *F. sycomorus* showed a dose-dependent increase in inhibition with an IC<sub>50</sub> of 117.6 µg/mL, while ascorbic acid demonstrated an IC<sub>50</sub> of 4.81 µg/mL [55]. Furthermore, *Ficus dalhousie* ethyl acetate and hydroalcoholic extracts showed IC<sub>50</sub> values of 86.56 µg/mL and 51.17 µg/mL, respectively [56]. These results are consistent with those reported by Putra et al [6], who observed significant antioxidant potential in *F. deltoidea* fruit extracts.

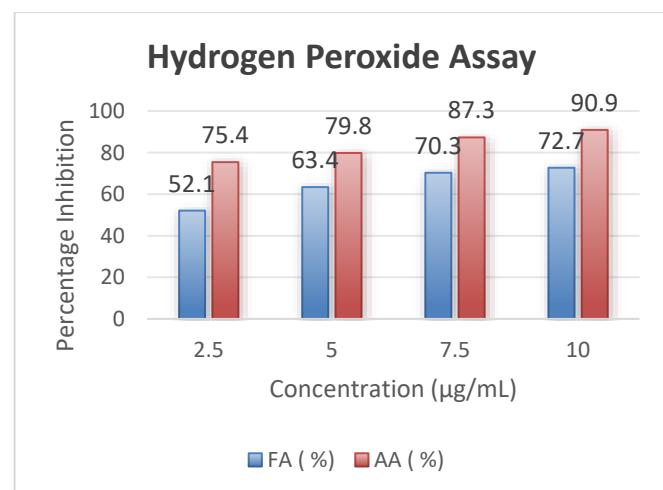
Antioxidants function by disrupting the chain reactions involved in the propagation of oxidative processes. They achieve this by donating hydrogen atoms or electrons to free radicals, stabilizing the resulting reactive species, and thereby mitigating oxidative stress. This mechanism helps inhibit lipid peroxidation, scavenge free radicals, and prevent oxidative damage, ultimately contributing to disease prevention and tissue repair [57].

The antioxidant properties observed in *F. abutilifolia* in this study are in agreement with those of other members of the *Ficus* genus. Iqbal et al [58] reported that the antioxidant activity of essential oil from the aerial roots of *F. elastica* was concentration-dependent. Atolani et al [59] further revealed that the essential oil from the white leaves (FW) of *F. microcarpa* exhibited greater antioxidant activity than that

from green leaves (FG). Over tested concentrations, the standard ascorbic acid displayed an activity range of 15-72 %, while FG and FW exhibited ranges of 20-39 % and 45-55 %, respectively.



**Fig. 3.** Percentage Inhibition of DPPH by the plants crude extracts and Ascorbic Acid



**Fig. 4.** Percentage Inhibition of H<sub>2</sub>O<sub>2</sub> by the plants crude extracts and Ascorbic Acid

#### 4.3. Percentage yield of essential oil

Table 3 shows that the percentage yield of *F. abutilifolia* is 0.07 %.

| Plant | Weight of plant | Weight of oil | Appearance | % Yield (WO/WP) x 100 |
|-------|-----------------|---------------|------------|-----------------------|
| FA    | 3046 g          | 2.16 g        | Colourless | 0.07                  |

**Table 2.** Percentage Inhibition of DPPH and H<sub>2</sub>O<sub>2</sub> by the essential oil and Ascorbic Acid

| Concentration (µL/mL)                              | 2.5   | 5     | 7.5   | 10    |
|--|-------|-------|-------|-------|
| DPPH Assay 517nm ( % )                             | 41.8  | 42.2  | 44.6  | 50.3  |
| Ascorbic Acid ( % )                                | 52.56 | 65.26 | 79.06 | 90.40 |
| H <sub>2</sub> O <sub>2</sub> Assay at 230nm ( % ) | 49.2  | 59.8  | 69.5  | 72.9  |
| Ascorbic Acid ( % )                                | 79.13 | 86.59 | 88.71 | 90.12 |

#### 4.4. Composition of Essential Oil of *F. abutilifolia*

In the present study, GC-MS analysis identified 14 compounds in the essential oil of *F. abutilifolia*, accounting for 99.97 % of the total oil composition, as shown in Table 4. The corresponding chromatogram is presented in Figure 5. Major constituents were identified along with their retention times (RT) and peak areas.

Romeh [60] reported the following major constituents from the vapors of *F. sycomorus* leaf extract: 1,2-benzenedicarboxylic acid, diisooctyl ester (45.06 %), n-hexadecanoic acid (7.67 %), 1H-pyrazole, 4-nitro (5.13 %), 3-hexen-1-ol, benzoate, Z (4.57 %), oleic acid (4.30 %), and hexanedioic acid, bis (2-ethylhexyl) ester (4.15 %). Similarly, Onuah et al [61] identified eight compounds in *F. sycomorus* extract via GC-MS, including 1H-indene-3-methyl, neophytadiene, hexadecanoic acid methyl ester, methyl 9-cis 11-trans-octadecadienoate, 9,12,15-octadecatrienoic acid methyl ester (Z,Z,Z), phytol, methyl stearate, and diisooctyl phthalate, present in varying concentrations.

Additionally, Radulović et al [62] reported that the essential oils of *Morus alba* L. and *M. nigra* L. leaves, obtained via hydrodistillation, were dominated by trans-phytol (7.9-71.2 %), (E,E)-geranyl linalool (0.2-8.0 %), (Z)-bovolide (8.1 %), and a mixture of n-chain alkanes (17.5-52.4 %).

This aligns with the findings of Anifowose et al [63], who reported that phytochemicals are responsible for a wide range of biological effects, including antimicrobial, antiviral, antigenotoxic, antimutagenic, antiproliferative, antitoxic, antifertility, anticonvulsant, anticancer, antitrypanosomal, antileishmanial, antihyperglycemic, antihyperlipidemic, hypocholesterolemic, anti-inflammatory, antihypertensive, antispasmodic, antioxidant, and notably, antifungal activities. These effects may involve cytotoxic actions, interference with plasma membrane integrity and function, and inhibition of enzymes within the cytoplasm and mitochondria that are essential for cell wall biosynthesis and maintaining redox and homeostatic balance in fungi. This supports the widespread use of medicinal plants in traditional health care, as also highlighted by Gawade et al [64], who emphasized that the rich natural biodiversity and ancient medicinal knowledge systems have laid a strong foundation for the use of numerous medicinal plants containing diverse bioactive compounds for managing various health challenges and common diseases affecting humans.

The variation in chemical composition observed across these studies could be attributed to differences in plant species, plant parts used, geographical location, and climatic conditions, all of which are known to influence the secondary metabolite profile of plants. Here is a paraphrased version of your statement with minimized similarity.

## 6. Conclusion and Future Scope

The investigation into the medicinal potential of *F. abutilifolia*, sourced from Askira Uba, Borno State, Nigeria, has revealed promising bioactive compounds through ethanol extraction of

its leaves. The qualitative phytochemical screening identified a diverse array of compounds. The antioxidant evaluation of the crude extracts and essential oil using DPPH and hydrogen peroxide free-radical scavenging assays demonstrated concentration-dependent efficacy, with the highest concentrations exhibiting significant free radical inhibition.

In summary, the research on *F. abutilifolia* highlights its pharmacological potential, particularly in the inhibition of free radicals. The findings contribute valuable insights into the

therapeutic properties of this plant, addressing the existing gap in scientific knowledge regarding the pharmacological activities of the plant in comparison to other species within the genus. The concentration-dependent increase in antioxidant activity underscores the plant's potential as a valuable source of bioactive compounds with significant implications for health and wellness. Further studies are warranted to delve deeper into the specific mechanisms of action and potential applications of the plant in addressing health challenges.

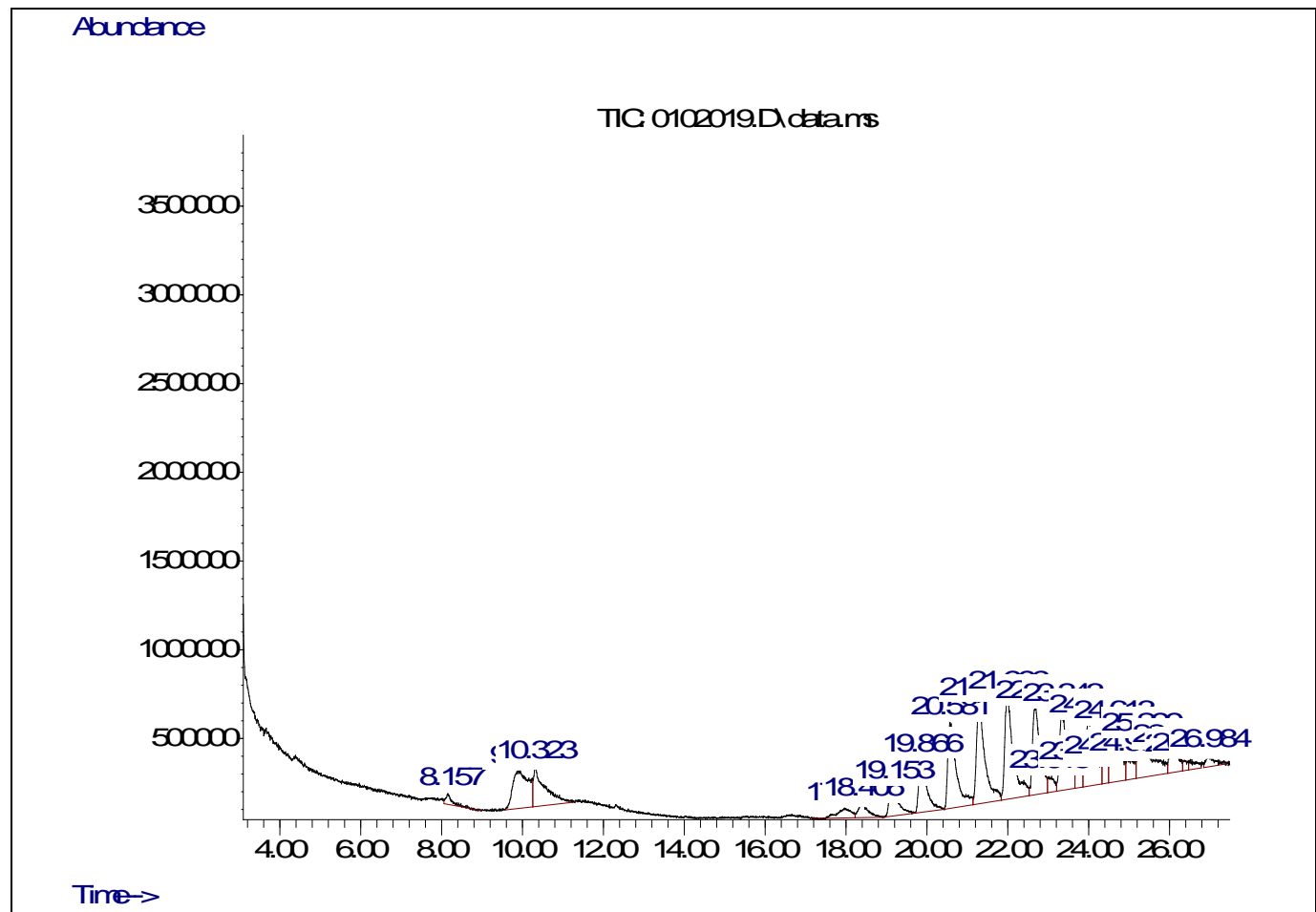
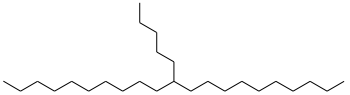
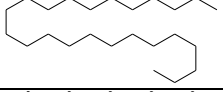
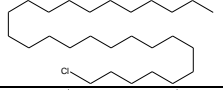
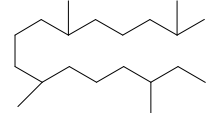
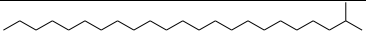
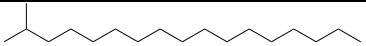
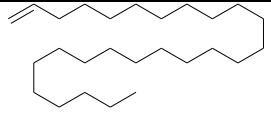
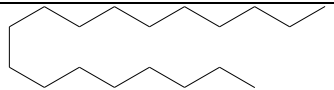
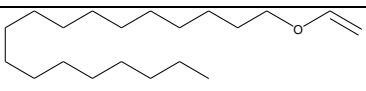
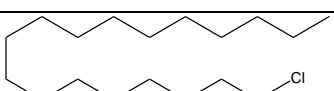
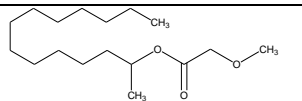
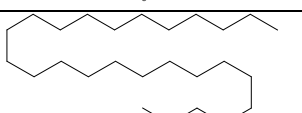
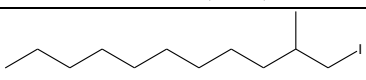
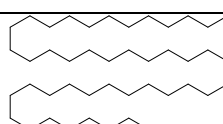

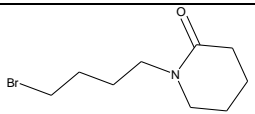
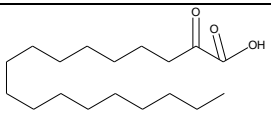


Fig. 5. GC-MS Chromatogram

Table 4. GC-MS essential oil analysis of leaves of *F. abutilifolia*

| S/N | CONSTITUENTS                       | RT(MIN) | AREA ( %) | Structure** |
|-----|------------------------------------|---------|-----------|-------------|
| 1   | Cyclohexasiloxane, dodecamethyl-   | 8.159   | 0.80      |             |
| 2   | Caryophyllene                      | 9.899   | 7.03      |             |
| 3   | Trilostane                         | 10.323  | 5.59      |             |
| 4   | 11-Octadecenoic acid, methyl ester | 17.968  | 1.52      |             |

|                       |  |         |       |   |
|-----------------------|--|---------|-------|---|
| 5                     | Heneicosane, 11-pentyl-                | 19.156  | 3.12  |    |
| 6                     | Tetracosane                            | 21.290  | 10.26 |    |
| 7                     | Heptacosane, 1-chloro                  | 22.683  | 8.09  |    |
| 8                     | Hexadecane, 2,6,10,14-teramethyl       | 23.750  | 1.36  |    |
| 9                     | Tricosane, 2-methyl-                   | 23.016  | 1.17  |    |
| 10                    | Heptadecane, 2-methyl-                 | 23.342  | 7.51  |    |
| 11                    | 1-Hexacosene                           | 24.992  | 1.96  |    |
| 12                    | Octadecane                             | 25.302  | 12.42 |    |
| 13                    | Octadecane, 1-(ethenyloxy)-            | 26.551  | 1.36  |   |
| 14                    | Octadecane, 1-chloro-                  | 26.982  | 1.15  |  |
| 15                    | Methoxyacetic acid, 2-tetradecyl ester | 18.407  | 1.66  |  |
| 16                    | Hexacosane                             | 19.868  | 5.05  |  |
| 17                    | 1-Iodo-2-methylundecane                | 20.579  | 8.78  |  |
| 18                    | Tetratetracontane                      | 22.002  | 10.54 |  |
| 19                    | Eicosane                               | 24.000  | 6.86  |  |
| 20                    | 2-Piperidinone, N-[4-bromo-n-butyl]-   | 24.371  | 1.30  |  |
| 21                    | $\alpha$ -Ketostearic acid             | 26.066  | 2.45  |  |
| Total percentage area |  | 99.98 % |       |   |

\*\*Chemical structures were drawn using ChemDraw Pro 8.0

### Data Availability

The GC-MS data supporting the findings of this study are available in a publicly accessible repository via the following Google Drive link: [https://tinyurl.com/GC-MSData]. The other data supporting the conclusion of this research are presented in the tables and graph figures in this article

### Conflict of Interest

The authors declare that they have no conflict of interest.

### Funding Source

The authors got no funding from any agency or institution for their research.

### Authors' Contributions

Authors AC, LL and JNJ designed the study, AC and LL performed the statistical analysis, wrote the protocol, and AC wrote the first draft of the manuscript. Authors LL, AC and JNJ managed the analyses of the study. Author AC managed the literature searches. All authors read and approved the final version of the manuscript.

### References

- [1] M. Mohanty, C. Pradhan, "A Review on Phytochemistry, Bio-Efficacy, Medicinal and EthnoPharmaceutical Importance of *Artocarpus altilis*," *International Journal of Pharmacy and Pharmaceutical Research*, 3(1), 219-231, 2015
- [2] R. Begum, S. Howlader, A.N.M. Mamun-Or-Rashid, S.M. Rafiquzzaman, M.D. Ashraf, G.M. Albadrani, A.A. Sayed, I. Peluso, M.M.A. Abdel-Daim, and M.S. Uddin, "Antioxidant and signal-modulating effects of brown seaweed-derived compounds against oxidative stress-associated pathology," *Oxidative Medicine and Cellular Longevity*, Vol. 2021, pp. 1-18, 2021. <https://doi.org/10.1155/2021/9974890>.
- [3] I. Michalak, "Plant-derived antioxidants: Significance in skin health and the ageing process," *International Journal of Molecular Sciences*, Vol. 23, No. 2, pp. 1-29, 2022. <https://doi.org/10.3390/ijms23020585>.
- [4] A. Plaskova and J. Mlcek, "New insights of the application of water or ethanol-water plant extract rich in active compounds in food," *Frontiers in Nutrition*, Vol. 10, pp. 1-14, 2023. <https://doi.org/10.3389/fnut.2023.1118761>.
- [5] G.L. Maury, D.M. Rodríguez, S. Hendrix, J.C.E. Arranz, Y.F. Boix, A.O. Pacheco, J.G. Díaz, H.J. Morris-Quevedo, A.F. Dubois, E.I. Aleman, N. Beenaerts, I.E. Méndez-Santos, T.O. Ratón, P. Cos, and A. Cuypers, "Antioxidants in plants: A valorization potential emphasizing the need for the conservation of plant biodiversity in Cuba," *Antioxidants*, Vol. 9, No. 11, pp. 1-24, 2020. <http://dx.doi.org/10.3390/antiox9111048>.
- [6] K.W.E. Putra, A. Pitoyo, G.D. Nugroho, M. Rai, and A.D. Setyawan, "Review: Phytochemical activities of *Ficus* (Moraceae) in Java Island, Indonesia," *Bonorowo Wetlands*, Vol. 10, pp. 98-125, 2020.
- [7] F.O. Taiwo, A.A. Fidelis, and O. Oyediji, "Antibacterial activity and phytochemical profile of leaf extracts of *Ficus abutilifolia*," *British Journal of Pharmaceutical Research*, Vol. 11, No. 6, pp. 1-10, 2016. <http://dx.doi.org/10.9734/BJPR/2016/25608>.
- [8] U.H. Danmalam, A. Agunu, E.M. Abdurahman, N. Ilyas, M.G. Magaji, and A.H. Yaro, "Anticonvulsant studies on a traditional antiepileptic mixture used by the Hausa people of north-western Nigeria," *Research Journal of Pharmacognosy*, Vol. 4, No. 3, pp. 13-19, 2017.
- [9] M. Djankou Tchoffo, J.N. Nyemb, A.D.T. Atchade, A. Hamidou, E. Talla, S. Laurent, C. Henoumont, C.L. Djoko Tchuenta, and J.M. Tanyi, "Antioxidant activity and chemical constituents from stem bark of *Ficus abutilifolia* Miq (Moraceae)," *European Journal of Medicinal Plants*, Vol. 31, No. 13, pp. 48-59, 2020. <https://doi.org/10.9734/EJMP/2020/v31i1330311>.
- [10] C.A. Ukwubile, "Comparative pharmacognostic study of *Ficus abutilifolia* Miq. (Moraceae) plant leaf, stem bark, and root," *International Journal of Advances in Pharmacy, Biology and Chemistry*, Vol. 2, No. 1, pp. 90-98, 2013.
- [11] O.B. Ajayi, J.O. Oluyeye, O.M. Olalemi, and T.M. Ilesanmi, "Nutritional composition, phytochemical screening and antimicrobial properties of the leaf of *Ficus exasperata* (Vahl)," *Asian Journal of Biological and Life Sciences*, Vol. 1, No. 3, pp. 242-246, 2012
- [12] N.K. Achi, C. Onyeabo, C.A. Ekeleme-Egedigwe, and J.C. Onyeonula, "Phytochemical, proximate analysis, vitamin and mineral composition of aqueous extract of *Ficus capensis* leaves in South Eastern Nigeria," *Journal of Applied Pharmaceutical Science*, Vol. 7, No. 3, pp. 117-122, 2017. <http://dx.doi.org/10.7324/JAPS.2017.70319>.
- [13] N.F. Muanda, D. Amadou, and S. Rachid, "Chemical composition and biological activities of *Ficus capensis* leaves extracts," *Journal of Natural Products*, Vol. 3, pp. 147-160, 2010.
- [14] D. Thagriki, D. Dahiru, and G.W. Yaduma, "Comparative biochemical evaluation of leaf extract of *Ficus sycomorus* and *Piliostigma thonningii* plant," *Journal of Medicinal Plants Studies*, Vol. 3, No. 5, pp. 32-37, 2015.
- [15] S.O. Balogun, J.K. Tanayen, A.M. Ajayi, A. Ibrahim, J.O.C. Ezeonwumelu, A.A. Oyewale, O.J. Oloro, A.D.T. Goji, D.M. Kiplagat, and B. Adzu, "Preliminary evaluation of anti-diarrheal, ulcer-protective and acute toxicity of aqueous ethanolic stem bark extract of *Ficus trichopoda* in experimental rodents," *Asian Journal of Medical Sciences*, Vol. 3, No. 1, pp. 37-42, 2011.
- [16] A. Ramde-Tiendrebeogo, A. Tibiri, A. Hilou, M. Lompo, H. Millogo-Kone, O.G. Nacoulma, and I.P. Guissou, "Antioxidative and antibacterial activities of phenolic compounds from *Ficus sur* Forssk. and *Ficus sycomorus* L. (Moraceae): potential for sickle cell disease treatment in Burkina Faso," *International Journal of Biological and Chemical Sciences*, Vol. 6, No. 1, pp. 328-336, 2012. <http://dx.doi.org/10.4314/ijbcs.v6i1.29>.
- [17] I. A. Ogunwande, R. Jimoh, A. A. Ajetonmobi, N. O. Avoseh, and G. Flamini, "Essential oil composition of *Ficus benjamina* (Moraceae) and *Irvingia barteri* (Irvingiaceae)," *Natural Product Communications*, vol. 7, no. 12, pp. 1673-1675, 2012.
- [18] A. D. Adeyemi, C. C. Oluigbo, A. O. Esan, M. O. Bello, S. O. Oladoye, C. P. Emmanuel, and E. Effiong, "Chemical Composition and Antimicrobial Activity of the Essential Oils of 14 Known Ficus Species - A Concise Review," *Biointerface Research in Applied Chemistry*, vol. 12, no. 6, pp. 8003-8034, 2021. <https://doi.org/10.33263/BRIAC126.80038034>.
- [19] D. Kubmarawa, M.E. Khan, A.M. Punah, and M. Hassan, "Phytochemical and antimicrobial screening of *Ficus platyphylla* against human/animal pathogens," *Pacific Journal of Science and Technology*, Vol. 10, No. 1, pp. 382-386, 2009.
- [20] B. Biswas, K. Rogers, F. McLaughlin, D. Daniels, and A. Yadav, "Antimicrobial Activities of Leaf Extracts of Guava *Psidium guajava* L. on Two Gram-Negative and Gram-Positive Bacteria," *Int. J. Microbiol.*, vol. 2013, pp. 1-7, 2013. <https://doi.org/10.1155/2013/746165>
- [21] I.M. Usman, S.S. Adebisi, S.A. Musa, I.A. Iliya, J.J. Ocieng, A.E. Ivang, A.B. Peter, and A.A. Okesina, "Neurobehavioral and immunohistochemical studies of the cerebral cortex following treatment with ethyl acetate leaf fraction of *Tamarindus indica* during prenatal aluminium chloride exposure in Wistar rats," *Journal of Experimental Pharmacology*, Vol. 14, pp. 275-289, 2022. <https://doi.org/10.2147/JEP.S369631>.
- [22] M. Runde, D. Kubmarawa, and H. Maina, "Compositional analysis and Antimycobacterium Tuberculosis Activity of Essential Oil of *Hyptis suaveolens* Lamiceae," *Res. J. Chem. Sci.*, vol. 5, no. 7, pp. 40-44, 2015.
- [23] British Pharmacopoeia Commission, *British Pharmacopoeia*, vol. IV, London, UK: Medicines and Healthcare Products Regulatory Agency, 2020.
- [24] F. Y. Muhammad, D. Kubmarawa, J. M. Yelwa and M. Runde,

- "Antioxidant and antimicrobial activity of essential oils extracted from aromatic plants," *World Scientific News*; 111, 13-25, 2018
- [25] S.K. Banu and L. Cathrine, "General techniques involved in phytochemical analysis," *International Journal of Advanced Research in Chemical Science*, Vol. 2, No. 4, pp. 25-32, 2015.
- [26] D.P. Khanal, B. Raut, and K.S. Dangol, "Phytochemical screening, pharmacognostic evaluation and biological activity of *Amaranthus spinosus* L.," *Journal of Manmohan Institute of Health Science*, Vol. 1, no. 4, pp. 29-34, 2015. <https://doi.org/10.3126/jmmihs.v1i4.11999>.
- [27] G.A. Ayoola, H.A.B. Coker, S.A. Adesegun, A.A. Adepoju-Bello, K. Obaweya, E.C. Ezennia, and T.O. Atangbayila, "Phytochemical screening and antioxidant activities of some selected medicinal plants used for malaria therapy in southwestern Nigeria," *Tropical Journal of Pharmaceutical Research*, Vol. 7, No. 3, pp. 1019-1024, 2008. <https://doi.org/10.4314/tjpr.v7i3.14686>.
- [28] M. Fatiha and T. Abdelkader, "Study of antioxidant activity of pyrimidinium betaines by DPPH radical scavenging method," *Journal of Analytical and Pharmaceutical Research*, Vol. 8, No. 2, pp. 33-36, 2019. <https://doi.org/10.15406/japlr.2019.08.00308>.
- [29] M. Burits and F. Bucar, "Antioxidant activity of *Nigella sativa* essential oil," *Phytotherapy Research*, Vol. 14, No. 5, pp. 323-328, 2000. [https://doi.org/10.1002/1099-1573\(200008\)14:5%3C323::aid-ptr621%3E3.0.co;2-q](https://doi.org/10.1002/1099-1573(200008)14:5%3C323::aid-ptr621%3E3.0.co;2-q).
- [30] M.A. Ebrahimzadeh, S.N. Seyed, F.N. Seyed, B. Ebrahimzadeh, and Z. Reza, "Antioxidant and antihemolytic activities of the leaves of Kefe cumin (*Laser trilobum* L.) Umbelliferae," *Tropical Journal of Pharmaceutical Research*, Vol. 9, No. 5, pp. 441-449, 2010. <https://doi.org/10.4314/tjpr.v9i5.61053>.
- [31] R.S.B. Eshwarappa, S. Iyer, S.R. Subaramaiha, S.A. Richard, and B.L. Dhananjaya, "Antioxidant activities of *Ficus glomerata* (Moraceae) leaf gall extracts," *Pharmacognosy Research*, Vol. 7, No. 1, pp. 114-120, 2015. <http://dx.doi.org/10.4103/0974-8490.147225>.
- [32] V. Prakash, S. Gandotra, P. Kumar, and N. Singh, "Phytochemical Screening and Antimicrobial Activity of *Ficus religiosa*," *J. Pharm. Sci. Res.*, vol. 9, no. 2, pp. 100-101, 2017.
- [33] M. M. Namadina, H. Haruna, and U. Sunusi, "Pharmacognostic, antioxidant and acute toxicity study of *Ficus sycomorus* (Linn) (Moraceae) Root and stem bark," *FUDMA J. Sci.*, vol. 4, no. 2, pp. 605-614, 2020. <https://doi.org/10.33003/fjs-2020-0402-244>
- [34] F. T. Ajayi, S. O. Omotoso, and J. O. Odejide, "Evaluation of fodder plants (*Ficus polita*, *Azadirachta indica* and *Vernonia amygdalina*) for their phytochemical and antibacterial properties," *Cogent Food Agric.*, vol. 2, no. 1, 2016. <https://doi.org/10.1080/23311932.2016.1211466>
- [35] H. S. El-Beltagi, H. I. Mohamed, A. S. Abdelazeem, R. Youssef, and G. Safwat, "GC-MS Analysis, Antioxidant, Antimicrobial and Anticancer Activities of Extracts from *Ficus sycomorus* Fruits and Leaves," *Not. Bot. Horti Agrob.*, vol. 47, no. 2, pp. 493-505, 2019. <https://doi.org/10.15835/nbha47211405>
- [36] A. Asha, M. Manjunatha, R.M. Rekha, B. Surendranath, P. Heartwin, J. Rao, E. Magdaline, and C. Sinha, "Antioxidant activities of orange peel extract in ghee (butter oil) stored at different storage temperatures," *Journal of Food Science and Technology*, Vol. 52, No. 12, pp. 8220-8227, 2015. <http://dx.doi.org/10.1007/s13197-015-1911-3>.
- [37] C. Kapile, A. Kulkarni, P. Pardeshi, A. Sayed, and A. Nehe, "*Ficus religiosa*: A beneficial medicinal plant," *Journal of Drug Delivery and Therapeutics*, Vol. 12, No. 2-s, pp. 210-218, 2022. <https://doi.org/10.22270/jddt.v12i2-S.5434>.
- [38] K. Oulare, M.S. Barry, F. Bah, N. Keita, N.L. Haba, and A.M. Balde, "Anti-oxidative activity of fruit extracts of some medicinal plants used against chronic diseases (diabetes, hypertension) in Kankan, Guinea," *Journal of Plant Sciences*, Vol. 3, Nos. 1-2, pp. 1-5, 2015. <https://doi.org/10.11648/j.jps.s.2015030102.11>.
- [39] P. Rathee, S. Rathee, D. Rathee, D. Rathee, and A.N. Kalia, "In vitro antioxidant studies and total phenolic content of *Ficus religiosa* fruits extract," *Pharmacologyonline*, Vol. 2, pp. 737-744, 2010.
- [40] Z. Etratkhah, S.E. Ebrahimi, N.K. Dehaghi, and Y. Seifalizadeh, "Antioxidant activity and phytochemical screening of *Ficus benghalensis* aerial roots fractions," *Journal of Reports in Pharmaceutical Sciences*, Vol. 8, No. 1, pp. 24-27, 2019. [https://doi.org/10.4103/jrptps.jrptps\\_20\\_18](https://doi.org/10.4103/jrptps.jrptps_20_18).
- [41] V. K. Gupta and S. K. Sharma, "In vitro Antioxidant Activities of Aqueous Extract of *Ficus Bangalensis* Linn. Root," *Int. J. Biol. Chem.*, vol. 4, no. 3, pp. 134-140, 2010. <https://scialert.net/abstract/?doi=ijbc.2010.134.140>
- [42] O. A. Ojo and C. O. Akintayo, "Assessment of antioxidant activity of *Ficus asperifolia* Miq aqueous extract - In vitro studies," *J. Phytopharm.*, vol. 3, no. 1, pp. 16-21, 2014. <http://dx.doi.org/10.31254/phyto.2014.3103>
- [43] L. Anago, J. Lagnika, F. Gbenou, M. Loko, M. Moudachirou, and A. Sanni, "Antibacterial Activity and Phytochemical Study of Six Medicinal Plants used in Benin," *Pak. J. Biol. Sci.*, vol. 14, no. 7, pp. 449-455, 2011. <https://doi.org/10.3923/pjbs.2011.449.455>
- [44] A. R. C. Ahoua, M. W. Kone, A. G. Konan, F. H. Trabi, and B. Bonfoh, "Antioxidant activity of eight plants consumed by great apes in Côte d'Ivoire," *Afr. J. Biotechnol.*, vol. 11, no. 54, pp. 11732-11740, 2012. <https://doi.org/10.5897/AJB12.236>
- [45] P. Tharini, C. Sivaraj, P. Arumugam, and A. Manimaran, "Antioxidant activities and GC-MS analysis fruits of *Ficus benghalensis* L.," *J. Pharmacogn. Phytochem.*, vol. 7, no. 4, pp. 518-523, 2018.
- [46] Y. Preeti, A. Jain, G. Kumar, L. Karthik, and B. Rao, "Phytochemical composition and antioxidant activity of *Ficus elastica* Roxb. (Moraceae) leaves," *Res. J. Pharm. Technol.*, vol. 8, no. 3, pp. 259-264, 2015. <https://doi.org/10.5958/0974-360X.2015.00043.8>
- [47] D. T. Madeleine et al, "Antioxidant Activity and Chemical Constituents from Stem Bark of *Ficus abutilifolia* Miq (Moraceae)," *Eur. J. Med. Plants*, vol. 31, no. 13, pp. 48-59, 2020. <https://doi.org/10.9734/EJMP/2020/v31i1330311>
- [48] F. Boukhalfa et al, "Antioxidant activity and Hypolipidemic effect of *Ficus carica* leaf and twig extracts in Triton WR-1339-induced hyperlipidemic mice," *Mediterr. J. Nutr. Metab.*, vol. 11, pp. 37-50, 2018. <https://doi.org/10.3233/MNM-17180>
- [49] W. M. Abotsi, E. Woode, G. K. Ainooson, A. K. Amo-Barimah, and E. Boakyee-Gyasi, "Antiartihritic and antioxidant effects of the leaf extract of *Ficus exasperata* P. Beauv. (Moraceae)," *Pharmacogn. Res.*, vol. 2, no. 2, pp. 89-97, 2010. <https://doi.org/10.4103/0974-8490.62958>
- [50] A. Arun, R. C. Pavithra, and S. Kanimozhi, "An In vitro Analysis of *Ficus carica*'s Antioxidant Potential," *Res. J. Pharm. Technol.*, vol. 16, no. 2, pp. 676-680, 2023. <https://doi.org/10.52711/0974-360X.2023.00115>
- [51] A. H. Z. A. Flayyih, I. Nencu, T. Costea, C. E. Gîrd, C. S. Stoicescu, A. I. Anghel, R. V. Ancuceanu, M. Dinu, F. E. Ionică, O. C. Șeremet, S. Negres, "Chemical Composition And Antioxidant Activity Of *Ficus elastica* Roxb. Ex Hornem and *Raphanus sativus* L. Selective Dry Extracts With Potential Antidiabetic Activity," *Farmacia*, vol. 67, no. 5, pp. 746-753, 2019. <https://doi.org/10.31925/farmacia.2019.5.3>
- [52] K. Sharma and V. K. Gupta, "In vitro antioxidant studies of *Ficus racemosa* Linn. root Surendra," *Phcog. Mag.*, vol. 4, no. 13, pp. 70-74, 2008.
- [53] O. O. Akanni, S. E. Owumi, and O. A. Adaramoye, "In vitro studies to assess the antioxidative, radical scavenging and arginase inhibitory potentials of extracts from *Artocarpus altalis*, *Ficus exasperata* and *Kigelia africana*," *Asian Pac. J. Trop. Biomed.*, vol. 4, Suppl. 1, pp. 492-499, 2014. <https://doi.org/10.12980/APJTB.4.2014C581>
- [54] S. Yadav, V. K. Gupta, A. Gopalakrishnan, and M. R. Verma, "Antioxidant activity analysis of *Ficus racemosa* leaf extract," *J. Entomol. Zool. Stud.*, vol. 7, no. 1, pp. 1443-1446, 2019.
- [55] A. Shehu, M. A. Muhammad, and A. Babandi, "In Vitro Anti-Radical Study and Total Anti-oxidant Capacity of Chloroform Fruit Extract of *Ficus sycomorus* L. (Moraceae)," *Dutse J. Pure Appl. Sci.*, vol. 8, no. 4, pp. 74-83, 2022. <https://dx.doi.org/10.4314/dujopas.v8i4a.8>
- [56] K. Himabindu and A. Vijayalakshmi, "In-vitro Acetylcholinesterase and antioxidant activity of *Ficus dalhousie* and *Melissa parviflora*

- Benth," *Int. J. Res. Pharm. Sci.*, vol. 11, no. 4, pp. 8065-8070, 2020. <https://doi.org/10.26452/ijrps.v11i4.4817>
- [57] S. Rajvaidhya and V. V. Byahatti, "In-vitro antioxidant activity of various extracts of bark of *Ficus racemosa* Linn. (Moraceae)," *Int. J. Pharm. Sci. Res.*, vol. 10, no. 3, pp. 1534-1539, 2019. [http://dx.doi.org/10.13040/IJPSR.0975-8232.10\(3\).1534-39](http://dx.doi.org/10.13040/IJPSR.0975-8232.10(3).1534-39)
- [58] Z. Iqbal, A. Saeed, M. Mansha, K. Saeed, S. Afzal, H. I. Khalil, Z. Gulzar, and Z. Tara, "Essential oil from the aerial roots of *Ficus elastica* and their antioxidant activity," *Int. J. Adv. Res.*, vol. 6, no. 1, pp. 137-140, 2018. <https://dx.doi.org/10.21474/IJAR01/6195>
- [59] O. Atolani, C. B. Adeosun, A. P. Oluyori, and J. Olota, "Chemical composition and antioxidant activity of the essential oils from white and green leaves of Nigeria-grown *Ficus microcarpa*," *Rasayan Journal of Chemistry*, vol. 12, no. 3, pp. 1052-1058, 2019. <http://dx.doi.org/10.31788/RJC.2019.1235122>.
- [60] A. A. Romeh, "Phytochemicals from *Ficus sycamorus* L. leaves act as insecticides and acaricides," *Afr. J. Agric. Res.*, vol. 8, no. 27, pp. 3571-3579, 2013.
- [61] C. L. Onuah, A. A. Uwakwe and F. C. Anacletus, "mineral and essential oil composition of jackfruit (*Artocarpus heterophyllus*) leaves," *Scientia Africana*, Vol. 17, no. 1, Pp 58-68, 2018.
- [62] N. S. Radulović, V. M. Miljković, M. Z. Mladenović, and G. S. Nikolić, "Essential oils of *Morus alba* and *M. nigra* leaves: Effect of drying on the chemical composition," *Nat. Prod. Commun.*, vol. 12, no. 1, pp. 115-118, 2017.
- [63] O. Anifowose, B. W. Tukura, and O. D. Opaluwa, "Detoxification Efficiency of Ethanolic Leaf Extracts of *Moringa oleifera* and *Vernonia amygdalina* on Aflatoxin B<sub>1</sub> in Rice and Maize," *Int. J. of Sci. Res. Chemical Sciences*, Vol.12, no 2, pp. 01-06, 2025
- [64] B. Gawade, D. Jirekar, and B. Zine, "Screening of Antioxidant Activity and Phytochemical Analysis of *Bauhinia racemosa* Lam. Leaves Aqueous Extract," *Int. J. of Sci. Res. Chemical Sciences*, Vol.11, no 5, pp. 01-05, 2024

Society of Nigeria (CSN). Lawrence is currently a lecturer at the Department of Chemistry, Adamawa State College of Education, Hong, Nigeria.

**Janet Nahadi John** obtained her Bachelor of Science (B.Sc.) degree in Pure and Applied Chemistry with First Class Honours from Adamawa State University, Mubi, Nigeria, in 2018. She later earned a Master of Science (M.Sc.) degree in Industrial Chemistry from Nasarawa State University, Keffi, Nigeria. Janet has four years of teaching experience and two years of research experience. She is currently serving as an Assistant Lecturer in the Department of Pure and Applied Chemistry at Adamawa State University, Mubi.



## AUTHORS PROFILE

**Chika Attama** is an organic chemist with research interests in natural products chemistry, medicinal chemistry, molecular docking, and the synthesis of bioactive compounds. He holds a Nigeria Certificate in Education (NCE) in Chemistry and Biology (Distinction) from College of Education, Hong, Adamawa State, Nigeria and earned a B.Sc. (First Class Honours) in Chemistry from Adamawa State University, Mubi, Nigeria as well as an M.Tech. in Organic Chemistry from Modibbo Adama University of Technology, Yola, Nigeria. He has over five years of teaching experience in secondary schools and currently serves as a part-time Assistant Lecturer at Adamawa State University, Mubi-Nigeria. He has authored several peer-reviewed publications, and a member of the Institute of Chartered Chemists of Nigeria (ICCON), the Teachers Registration Council of Nigeria (TRCN), and the International Younger Chemists Network (IYCN).



**Lawrence Luka** holds a B.Sc. in Chemistry (Second Class Upper Division) from Adamawa State University, Mubi, Nigeria, and an M.Tech. in Organic Chemistry from Modibbo Adama University, Yola, Nigeria. He also holds a Postgraduate Diploma in Education from the University of Maiduguri and is currently pursuing a PhD in Organic Chemistry at Modibbo Adama University, Yola-Nigeria. He is a member of the Institute of Chartered Chemists of Nigeria (ICCON) and the Chemical

